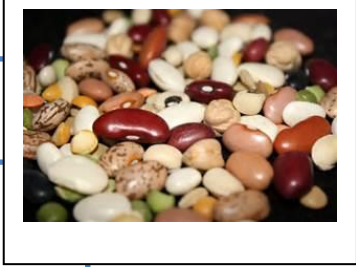


CARROTS TOMATOES
MUSHROOMS SALAD
ONION AUBERGINES
PEPPER CUCUMBER

PEAS BEANS CHICKPEAS
LENTILS



LEGUMES

MILK EGGS CHEESE
YOGHURT

DAIRY PRODUCTS



VEGETABLES

FOOD

CHICKEN SAUSAGES
STEAK BEEF TUNA
LAMB BEEF BACON
PORK DUCK

MEAT AND FISH



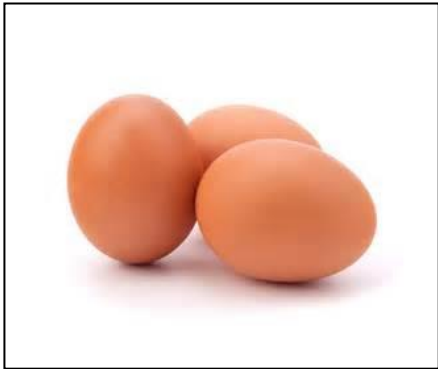
FRUIT

STRAWBERRIES BANANAS LEMONS
ORANGES GRAPES CHERRIES
APPLES PEARS PEACHES PINEAPPLE



DRINKS

FRUIT JUICE COFFEE
WATER TEA



GUIDELINES FOR A SHORT TEXT ABOUT YOUR EATING HABITS

- WHAT FOOD AND DRINK DO YOU LIKE? WHAT DO YOU HAVE FOR BREAKFAST / LUNCH / DINNER?
- WHAT FOOD DO YOU HAVE ON SPECIAL OCCASIONS?
- HOW MUCH FRESH FRUIT DO YOU EAT EVERY DAY?
- HOW OFTEN DO YOU EAT VEGETABLES? WHICH ONES?
- DO YOU DRINK MILK OR EAT YOGHURT?
- DO YOU HAVE BREAKFAST EVERY MORNING?
- HOW OFTEN DO YOU EAT LEGUMES?
- HOW MUCH FISH / MEAT DO YOU EAT?
- DO YOU EAT PASTA / RICE / BREAD EVERY DAY?
- HOW OFTEN DO YOU EAT FAST FOOD?
- DO YOU SOMETIMES EAT ETHNIC FOOD OR
DO YOU PREFER TRADITIONAL FOOD?

